

Resources for you and your family

If you're in search of support for pregnancy, childbirth or reproductive health, these resources are designed to help, and they're included in your health plan at no additional cost.



Family support resources available to you:



Fertility Solutions

Work with a fertility nurse who can help you navigate the health care system, provide guidance on treatment options and direct you to a Center of Excellence (COE). Working with a fertility nurse may help you avoid unnecessary treatments and costs.

To learn more and get started, call **1-877-214-2930**.



Neonatal Resource Services

If your baby or babies need extra care once they are born, Neonatal Resource Services (NRS) gives you 1-on-1 access to an experienced nurse who can answer your questions and help ensure the best care possible.

To learn more and get started, call **1-877-214-2930**.



Maternity Support

The Maternity Support program provides information and resources from pregnancy planning to postpartum care. To get the most out of the program, enroll during your first trimester.

Call **1-877-214-2930** to learn more or enroll at myuhc.com/maternity.



Not sure where to start?

Call myHealth Connect at **1-877-214-2930**

▶ Scan to save the number in your phone's contact list

