

Resources for you and your family

If you're in search of support for pregnancy, childbirth or reproductive health, these resources are designed to help, and they're included in your health plan at no additional cost.



Family support resources available to you



Fertility Solutions

Work with a fertility nurse who can help you navigate the health care system, provide guidance on treatment options and direct you to a Center of Excellence (COE). Working with a fertility nurse may help you avoid unnecessary treatments and costs.

To learn more and get started, call **1-877-214-2930**.



Neonatal Resource Services

If your baby or babies need extra care once they are born, Neonatal Resource Services gives you 1-on-1 access to an experienced nurse who can answer your questions and help ensure the best care possible.

To learn more and get started, call **1-877-214-2930**.



Maternity and Family-Building Support

Whether you're thinking about having a baby or have one already on the way, Maven provides personalized, 24/7 virtual support and guidance for pregnancy, postpartum and newborn care.

With Maven, you have free access to:

- Book video appointments and message providers from more than 35 specialties
- Match with a dedicated Care Advocate for support
- Connect with hundreds of expert-vetted articles, drop-in groups and on-demand classes

Join today by visiting mavenclinic.com/join/dukeenergy or download the Maven Clinic app.



Not sure where to start?

Call myHealth Connect at **1-877-214-2930**

Scan to save the number in your phone's contact list

